

## Behavioural Risk Factor Survey 2006 (April) - Coding Manual

Variable	Question	Code / Code Description
ID	Case number	-
Height_o	What is your height without wearing shoes? (cm)	777 Outlier (<100cm or >190cm) / pregnant 998 Don't know 999 Refuse to answer
Weight_o	What is your weight wearing with simple clothes? (kg)	777 Outlier (<37kg or >120kg) / pregnant 998 Don't know 999 Refuse to answer
Waist_o	What is your waist circumference? (cm)	777 Outlier (<50cm or >120cm) / pregnant 998 Don't know 999 Refuse to answer
v7_r	Does your weight now differ by more than 10 pounds (about 4.5Kg) from your weight one year ago?	1 Yes 2 No 3 Don't know 777 Outlier (of Height_o or Weight_o) / pregnant
v8_r	Did it increase or decrease?	0 Not applicable (for v7_r ≠ 1) 1 Increase 2 Decrease 777 Outlier (of Height_o or Weight_o) / pregnant
v9_r	What do you think about your current weight?	1 Overweight 2 Just right 3 Underweight 777 Outlier (of Height_o or Weight_o) / pregnant 998 Don't know
v10_r	During the past 12 months, did you try to do something deliberately to control your weight for example increasing weight, decreasing weight or maintaining weight?	1 Yes 2 No 777 Outlier (of Height_o or Weight_o) / pregnant
v11_r	Was it for increasing weight, losing weight or maintaining weight?	0 Not applicable (for v10_r ≠ 1) 1 Losing weight 2 Increasing weight 3 Maintaining weight 777 Outlier (of Height_o or Weight_o) / pregnant
v13_r2	Taking the drugs or products including health food for controlling your weight?	0 Not applicable (for v10_r ≠ 1) 1 Yes 2 No

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		777 Outlier (of Height_o or Weight_o) / pregnant
v14_r2	Consulting doctors or dieticians?	0 Not applicable (for v10_r≠1) 1 Yes 2 No 777 Outlier (of Height_o or Weight_o) / pregnant
v15_r2	Going to weight control or beauty parlours?	0 Not applicable (for v10_r≠1) 1 Yes 2 No 777 Outlier (of Height_o or Weight_o) / pregnant
v16_r2	Doing physical exercises?	0 Not applicable (for v10_r≠1) 1 Yes 2 No 777 Outlier (of Height_o or Weight_o) / pregnant
v17_r2	Changing dietary habit?	0 Not applicable (for v10_r≠1) 1 Yes 2 No 777 Outlier (of Height_o or Weight_o) / pregnant
v18_r2	Any other methods?	0 Not applicable (for v10_r≠1) 1 Yes 2 No 777 Outlier (of Height_o or Weight_o) / pregnant
v19	During the last 7 days, on how many days did you do vigorous physical activities?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 998 Don't know / Hard to say
v20	On those days that you have performed vigorous physical activity for at least 10 minutes, how much time on average per day did you usually spend on doing vigorous physical activities? (minutes)	0 Not applicable (for v19=0) 9998 Don't know / Hard to say

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v21	During the last 7 days, on how many days did you do moderate physical activities?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 998 Don't know / Hard to say
v22	On those days that you have performed moderate physical activity for at least 10 minutes, how much time on average per day did you usually spend on doing moderate physical activities? (minutes)	0 Not applicable (for v21=0) 9998 Don't know / Hard to say
v23	During the last 7 days, on how many days did you walk for at least 10 minutes at a time?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 998 Don't know / Hard to say
v24	On those days that you have walked for at least 10 minutes, how much time on average did you usually spend on walking in one of those days? (minutes)	0 Not applicable (for v23=0) 9998 Don't know / Hard to say
v25	During the past 7 days, how much time on average did you usually spend on sitting on a weekday? (minutes)	777 Outlier (<10 mins or >900 mins) 9998 Don't know / Hard to say 9999 Refuse to answer
v26	In general, would you say your physical activity level is?	1 High 2 Moderate 3 Low 4 Don't know

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v27	For those answering (2) and (3), what is the <u>major</u> barrier for not having more physical activity?	0 Not applicable (for v26=1 or 4) 1 Lack of time / Too busy 2 No companion 3 No facilities or space / Hard to book facilities 4 Poor health 5 No interest 6 Laziness 7 Do not want to spend money 8 Too tired 9 No need for more exercise 10 No reason 11 Others
v28	On average, how many days to you drink fruit or vegetable juice each week?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know
v29	On the day(s) that you have drunk juice, how many cups do you usually drink?	0 Not applicable (for v28=0) 98 Don't know
v30	On average, how many days do you eat fruit each week (not including fruit juice)?	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know
v31	How many fruit, on average, did you eat on one of those days?	0 Not applicable (for v30=8) 98 Don't know
v32	On average, how many days do you eat vegetables each week?	1 1 day 2 2 days 3 3 days

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		4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know
v33	How many bowls of cooked vegetables, on average, did you eat on one of those days?	0 Not applicable (for v32=8) 98 Don't know
v34	During the last month, have you had at least one alcoholic drink?	1 Yes 2 No
v35	On how many days per week during the last month, on average, did you drink at least one alcoholic drink?	0 Not applicable (for v34 ≠ 1) 1 Daily 2 6 days per week 3 5 days per week 4 4 days per week 5 3 days per week 6 2 days per week 7 1 day per week 8 Less than 1 day per week 9 Don't know / Hard to say 777 Outlier (> 24 units)
v36	How many standard drinks on average did you drink on those days?	0 Not applicable (for v34 ≠ 1) 777 Outlier (> 24 units) 998 Don't know / Hard to say
v37	In the last month, did you drink at least 5 glasses or cans of alcohol on one occasion?	0 Not applicable (for v34 ≠ 1) 1 Yes 2 No 777 Outlier (>24 units)
v38	How many times did you do this in the last month?	0 Not applicable (for v34 ≠ 1 or v37=2) 1 Once 2 Twice 3 Three times or more 777 Outlier (>24 units)
v39	Have you smoked before?	1 Yes, but not now 2 Yes, and still smoking 3 Never

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v40	How long have you abstained from smoking?	0 Not applicable (for v39 ≠ 1) 1 Had abstained for less than 1 month 2 Had abstained for 1 month to 1 year 3 Had abstained for more than 1 year
v41	How many cigarettes do you smoke on average per day?	0 Not applicable (for v39 ≠ 2) 1 Less than 1 cigarette per day now 2 1-10 cigarettes per day now 3 11-20 cigarettes per day now 4 More than 20 cigarettes per day now 98 Don't know
Sex	Record the gender	1 Male 2 Female
v67	What is your age?	99 Refuse to answer
v68	What is your highest educational attainment?	1 Primary or below 2 Had not completed secondary 3 Completed secondary (F5) 4 Matriculation 5 Tertiary (non-degree) / degree or above 6 Refuse to answer
v69	What is your marital status?	1 Never married 2 Married and with child (ren) 3 Married and without child (ren) 4 Divorced or Separated 5 Widowed 6 Refuse to answer
v70	Are you currently engaged in a job?	1 Yes 2 No
v71	What is your occupation?	0 Not applicable (for v70 ≠ 1) 1 Employers / Managers / Administrator 2 Professional 3 Associate Professional 4 Clerk 5 Service worker 6 Shop sales worker 7 Skilled agricultural / fishery worker 8 Craft and related worker 9 Plant and machine operator and assembler

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		10 Un-skilled worker 11 Refuse to answer
v72	Are you a ... (if not employed)	0 Not applicable (for v70 ≠ 2) 1 Student 2 Home-maker 3 Unemployed person 4 Retired person 5 Others 6 Refuse to answer
v73	How much is your monthly personal income including all the income?	0 Not applicable (for v70 ≠ 1) 1 None 2 \$1-1,999 3 \$2,000-3,999 4 \$4,000-5,999 5 \$6,000-7,999 6 \$8,000-9,999 7 \$10,000-11,999 8 \$12,000-13,999 9 \$14,000-15,999 10 \$16,000-17,999 11 \$18,000-19,999 12 \$20,000-24,999 13 \$25,000-29,999 14 \$30,000-34,999 15 \$35,000-39,999 16 \$40,000-44,999 17 \$45,000-49,999 18 \$50,000 or above 19 Refuse to answer 98 Don't know
v74	How much is your monthly household income including all the income?	1 Less than \$2,000 2 \$2,000-3,999 3 \$4,000-5,999 4 \$6,000-7,999 5 \$8,000-9,999 6 \$10,000-11,999 7 \$12,000-13,999 8 \$14,000-15,999

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		9 \$16,000-17,999 10 \$18,000-19,999 11 \$20,000-24,999 12 \$25,000-29,999 13 \$30,000-34,999 14 \$35,000-39,999 15 \$40,000-44,999 16 \$45,000-49,999 17 \$50,000-54,999 18 \$55,000-59,999 19 \$60,000 or above 20 Refuse to answer 98 Don't know
Weighting	Weighting applied in the survey	